

**INSTITUTE OF CLINICAL PSYCHOLOGY
UNIVERSITY OF KARACHI**

SELF ASSESSMENT REPORT

QUALITY ENHANCEMENT CELL

Program assessment:

Dr. Riaz Ahmad
Director / Associate Professor
Institute of Clinical Psychology

Associated team:
Dr. Sarwat Jahan Khanam
Assistant Professor
Institute of Clinical Psychology

Dr. Sobia Aftab
Assistant Professor
Institute of Clinical Psychology

CRITERION -1

PROGRAM MISSION, OBJECTIVES AND OUTCOMES

Institutional Mission

To develop an optimum standard of clinical practice, research and professional training in clinical psychology, and to broaden its scope by grafting its application in other related disciplines.

Keeping in view the above mentioned mission, Institute of Clinical psychology aims to achieve the following objectives:

- ✓ *To expand the growth and strengthen the status of clinical psychology as a profession in Pakistan and to impart specialize training in this field.*
- ✓ *To promote research suited to our own cultural milieu.*
- ✓ *To bridge the highly disproportionate gap between ‘demand’ (needs of psychologically treatable patients), and ‘supply’ (availability of qualified clinical psychologists).*
- ✓ *To help patients who are mentally disturbed or have behavioral problems to function at higher levels, live fuller and richer lives and be able to give more of themselves to their society.*
- ✓ *To stop the draining out of talent, it is expected that students aspiring to be the clinical psychologists will avail these training facilities provided within the country in an environment which teaches them to do clinical practice in a culturally appropriate way.*

To achieve these aims Institute of clinical psychology not only provides an optimum environment of teaching, extensive training in psychodiagnostic, psychotherapy and other related areas but also intensive in research. Its regular publication of two HEC recognized journals and continuous efforts to enhance the quality of research help its graduates to establish their identity not just as a clinical psychologist but as a researcher. The Institute also ensures the development of high professional skills and ethics in its students which enables them to fulfill their social responsibilities and to help the suffering humanity. Being representative from the whole country, a number of its graduates are working now all over the Pakistan and also outside Pakistan, with dedication to their profession.

Institute of Clinical Psychology, University of Karachi offers three programs (Diploma/ Degree)

- 1) Post Magistral Diploma in Clinical Psychology
- 2) Masters in Science in Clinical Psychology
- 3) M. Phil and PhD

The program mission varies with the type of program selected

Program Mission

Post Magistral Diploma in Clinical Psychology (PMDCP)

This program offers extensive training, and an organized plan of study with the aim of providing professional clinical psychologist all over Pakistan.

The curriculum includes not only advanced courses in Clinical Psychology, but also other related areas of clinical psychology.

The program also offers a good understanding of research, as well as data handling and analysis

This program provides closely supervised internship experience to enable the students utilize their skills independently and productively in the field.

Masters of Science (MS)

Our Program offers students a plan of study leading to a Master of Science degree in Psychology with an emphasis on clinical research, psychological assessment and psychotherapy.

This program is based upon advanced courses in clinical psychology coupled with electives that address various aspects of psychology and the psychosocial consequences of mental disorders in Children and adults.

This program provides closely supervised internship experience to enable the students utilize their skills independently and productively in the field.

The program is intended for individuals who plan to continue education in the behavioral sciences, mental health or rehabilitation fields upon completion of the M.S. or have an interest in mental health care settings that involve research design, data collection and analysis.

The program also focuses upon skills and methods particularly suitable for those students who plan to pursue the PhD degree following completion of the M.S.

Our Program offers students to choose a specialized line of research supervised by a faculty member.

Masters of Philosophy and Doctor of Philosophy (M. Phil / PHD)

Along with the extensive clinical training and education resulting in expertise in the field of psychotherapy and psychodiagnosis, the program have major emphasis on producing highly skilled researchers in order to enhance the standard of research specifically in social sciences. This program focuses on development and refinement of leadership skills, as well as has ambition to produce scholars who can further supervise and impart the knowledge to next generation in their respective areas.

Standard 1-1: The program must have documented measurable objectives that support departmental and institution mission statements

Program objectives:

1. To impart knowledge, skills and training in Clinical psychology.
2. To provide talent and trained Clinical psychologists all over the country.
3. To enhance the scope for the young Clinical Psychologists
4. To maximize the professional and ethical standards.
5. To appreciate the research contributions of new scholars.

Standard 1-2: The program must have documented outcomes for graduating students. It must be demonstrated that the outcomes support the program objectives and that graduating students are capable of performing these outcomes.

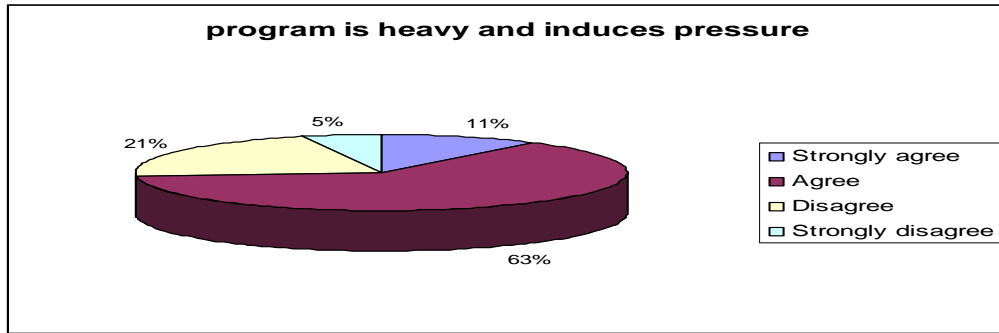
Table: Program Objective Assessment

S. No	Objective	Achievement
1.	To impart knowledge, skills and training in Clinical psychology	Graduates possess knowledge and skills and are successful in utilizing it in the field
2	To provide talent and trained Clinical psychologists all over the country	Graduates of ICP are successfully working in various cities of Pakistan, and are also providing services for training of further clinical psychologist in various universities in Pakistan
3.	To enhance the scope for the young Clinical Psychologists	A number of Job opportunities have been created within a couple of years, including NGO's, Army, Hospitals, Addiction Centers etc.
4.	To maximize the professional and ethical standards	The graduates of Institute have good professional and ethical repute and thus are preferred for Jobs
5.	To appreciate the research contributions of new scholars.	Besides the research contributions form renown scholars of the field there is a growing trend of research work being published by young scholars

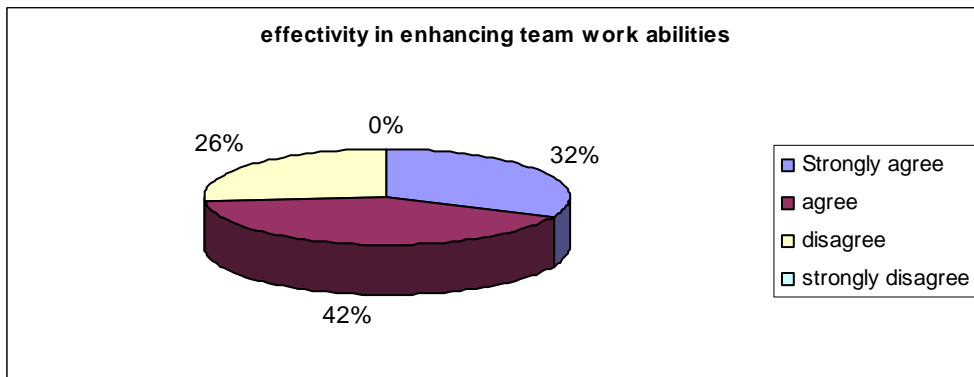
All the above mentioned objectives can be evidenced through below mentioned results of self assessment program, as well as through proceeding sections.

**Tabulation Sheet of Self Assessment Program
Graduating Students Survey
M. Phil / PhD students**

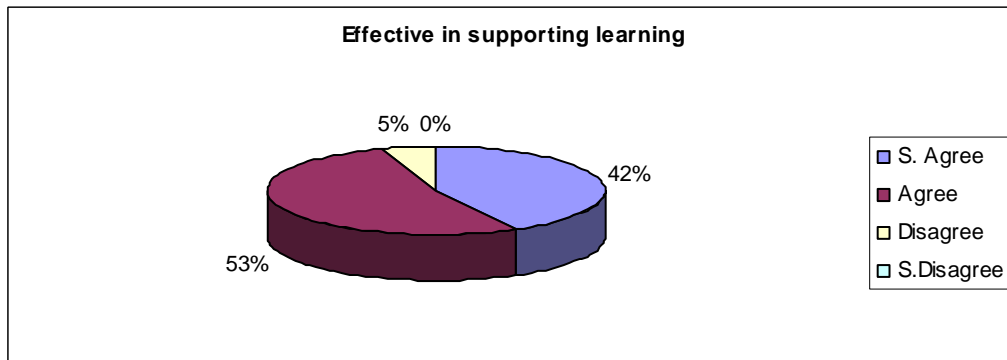
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
1.	The work in the program is too heavy and induces a lot of pressure	11%	63%	21%	5%



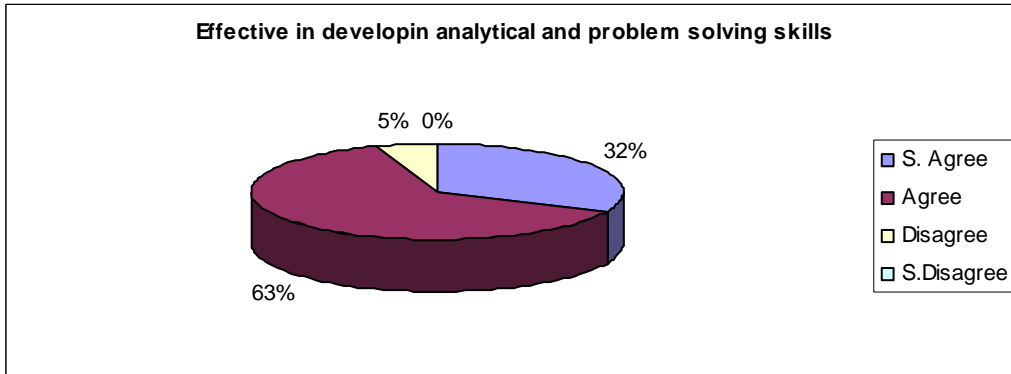
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
2.	The program is effective in enhancing team working abilities	32%	42%	26%	0%



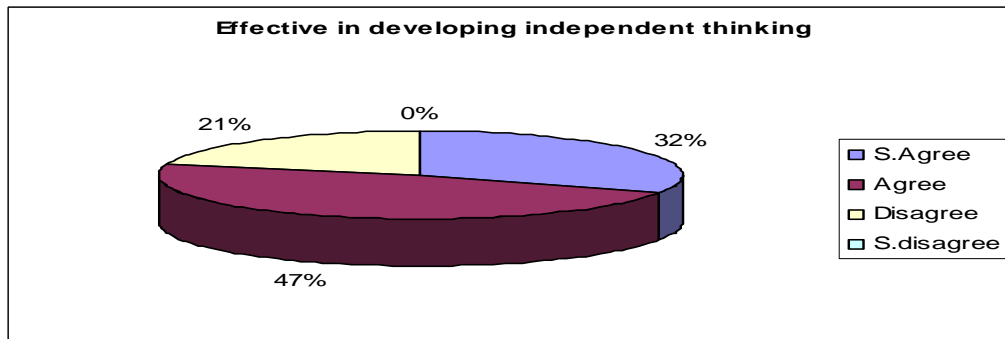
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
3.	The program administration is effective in supporting learning	42%	53%	5%	0%



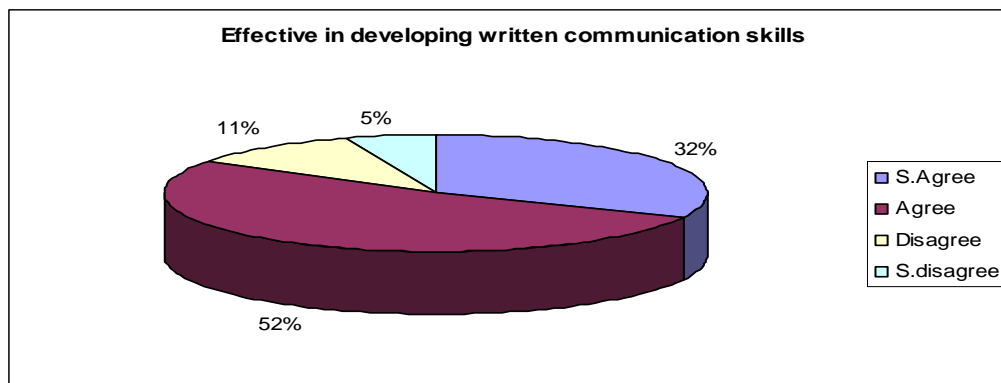
S. No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
4.	The program is effective in developing analytic and problem solving skills	32%	63%	5%	0%



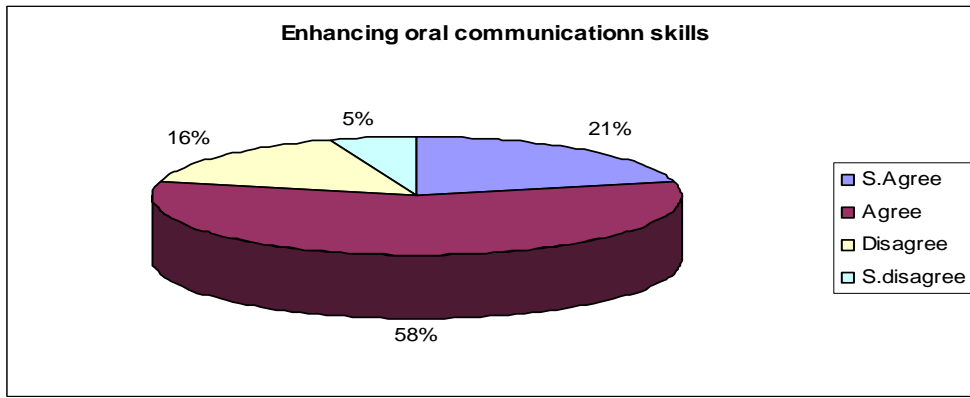
S. No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
5.	The program is effective in developing independent thinking	32%	47%	21%	0%



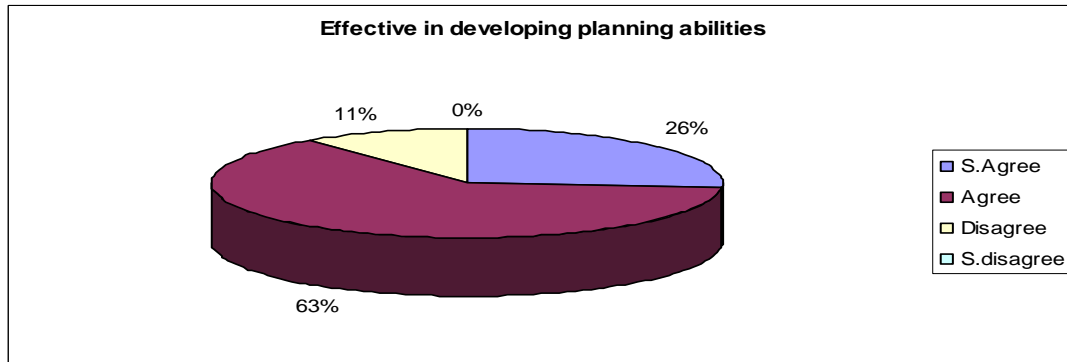
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
6.	The program is effective in developing written communication skills	32%	52%	11%	5%



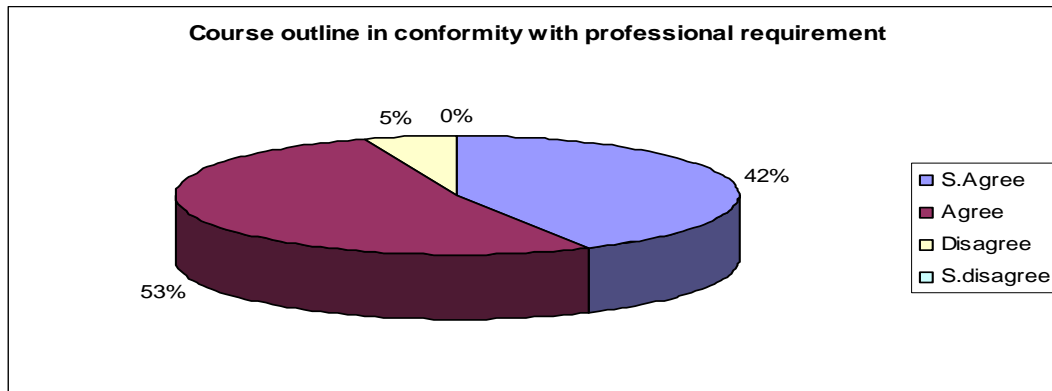
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
7.	The program is enhancing oral communication skills	21%	58%	16%	5%



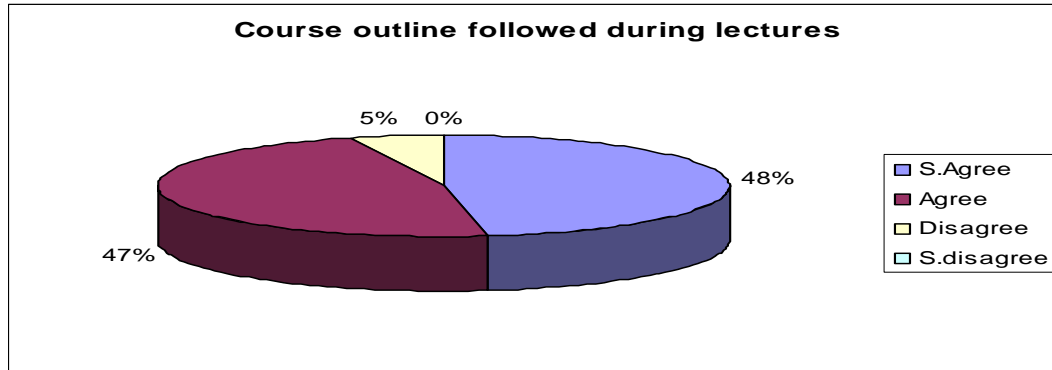
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
8.	The program is effective in developing planning abilities	26%	63%	11%	0%



S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
9.	The course outline was in conformity with the professional requirement	42%	53%	5%	0%

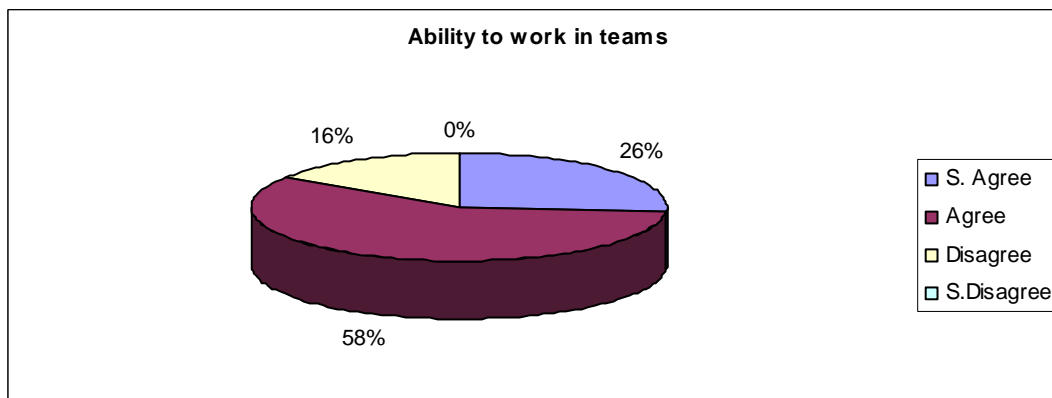


S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
10.	The course outline was followed during lectures	48%	47%	5%	0%

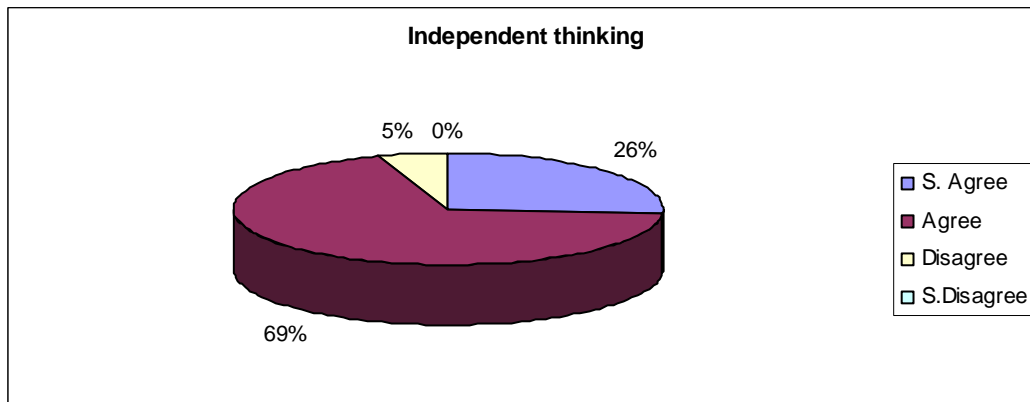


11. The Internship Experience is effective in enhancing

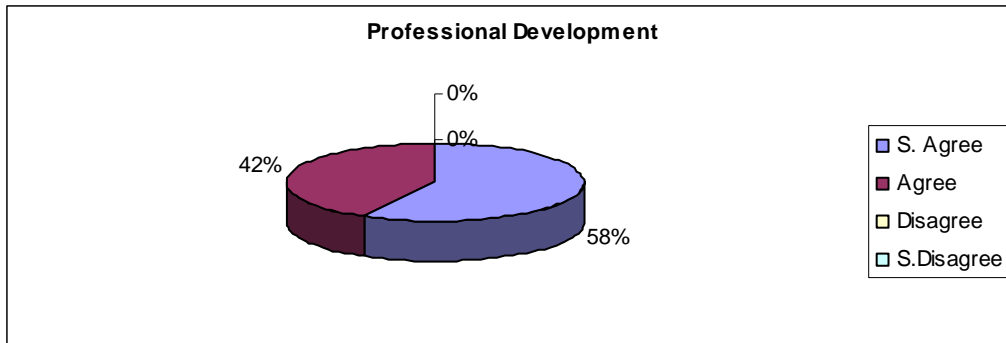
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11a	Ability to work in teams	26%	58%	16%	0%



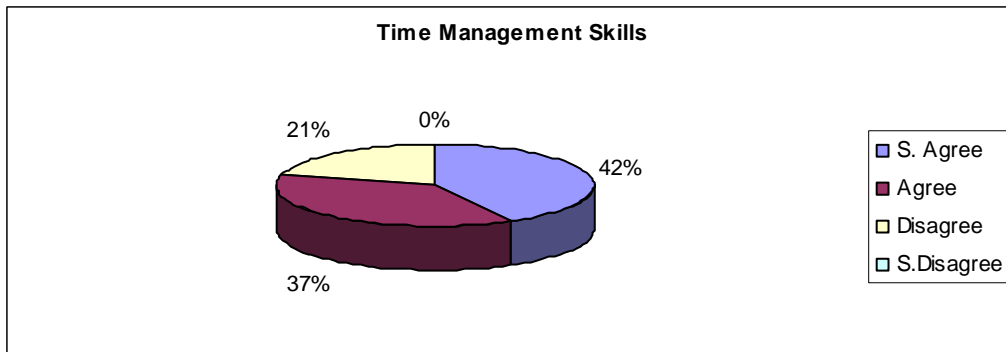
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11b	Independent thinking	26%	69%	5%	0%



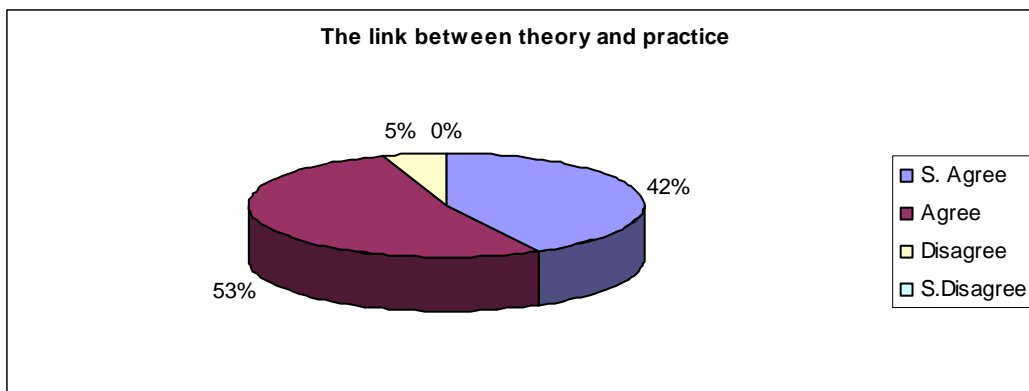
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11c	Professional development	58%	42%	0%	0%



S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11d	Time management skills	42%	37%	21%	0%

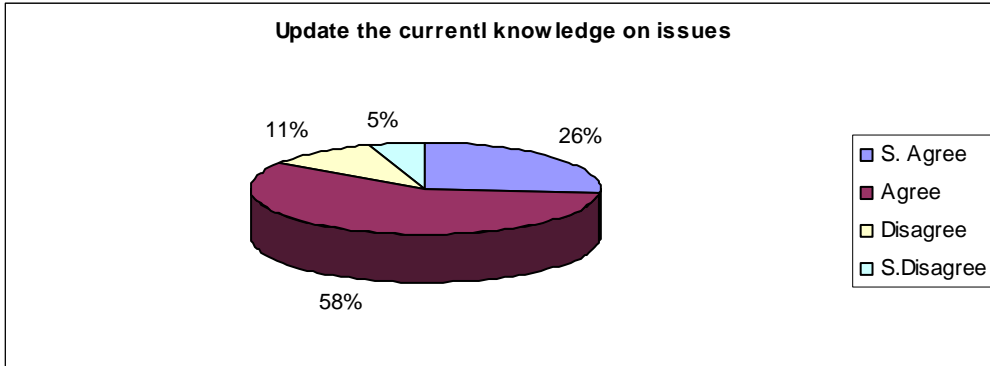


S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11e	The link between theory and practice	42%	53%	5%	0%

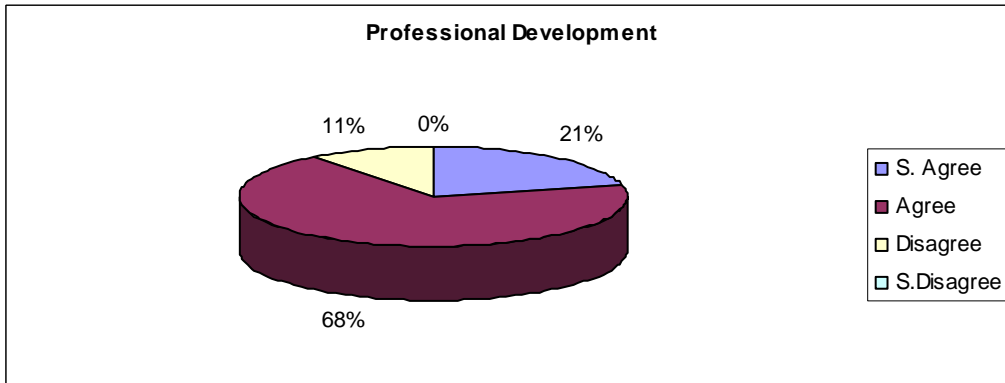


12. The Seminars and Workshops organized by Department help

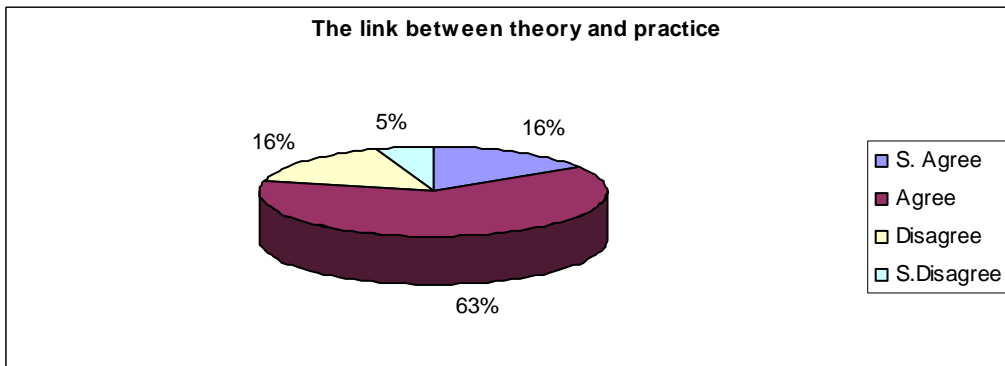
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
12a	Update in current knowledge on issues	26%	58%	11%	5%



S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
12b	Professional development	21%	68%	11%	0%

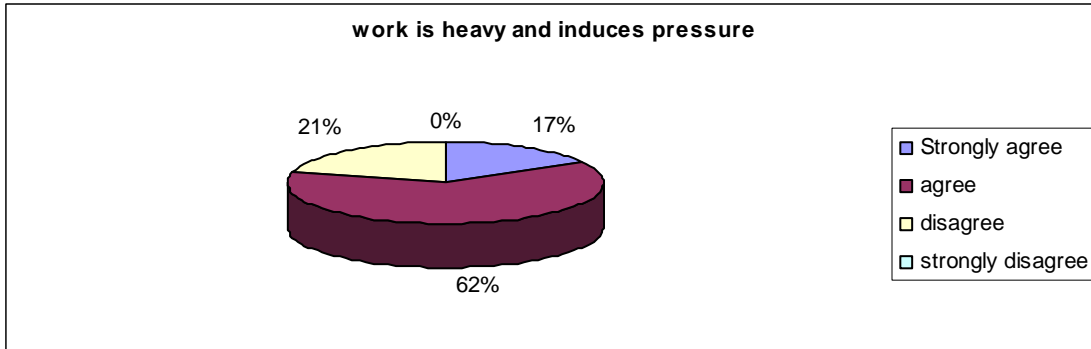


S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
12c	The link between theory and practice	16%	63%	16%	5%

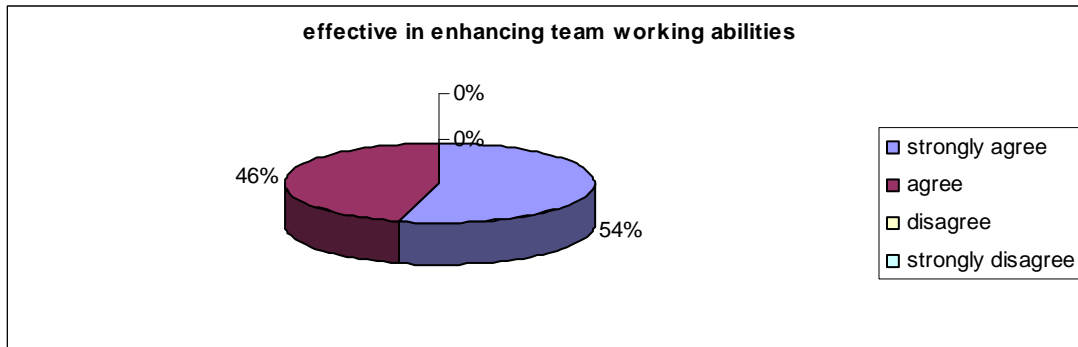


**Tabulation Sheet of Self Assessment Program
Graduating Students Survey
MS / PMDCP students**

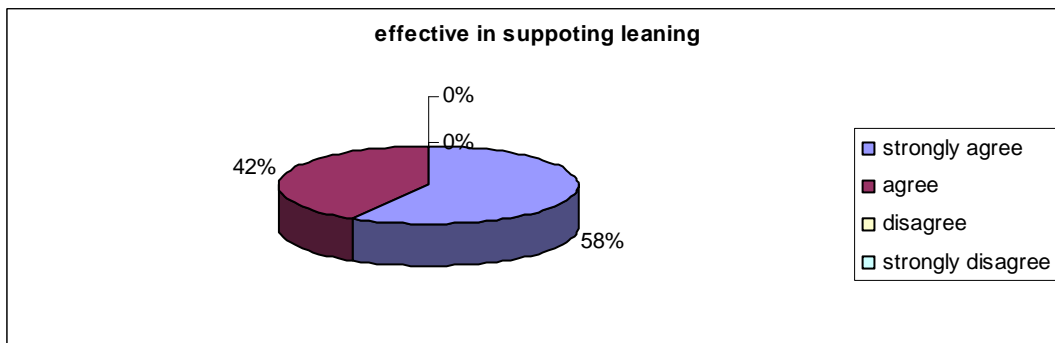
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
1.	The work in the program is too heavy and induces a lot of pressure	17%	62%	21%	0%



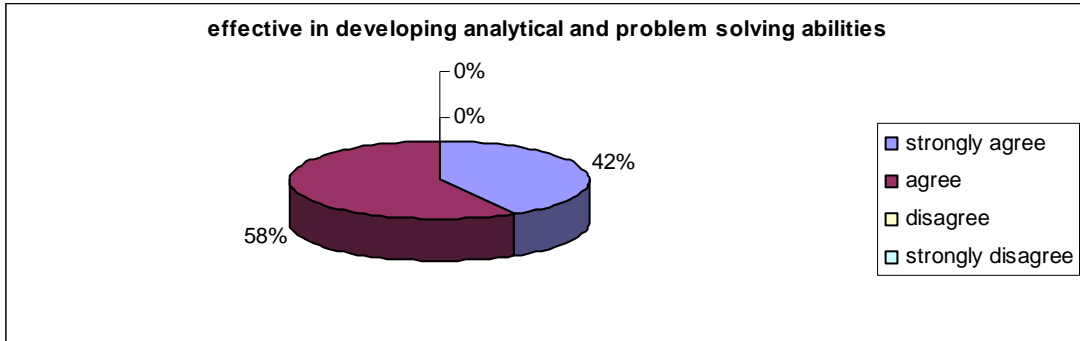
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
2.	The program is effective in enhancing team working abilities	54%	46%	0%	0%



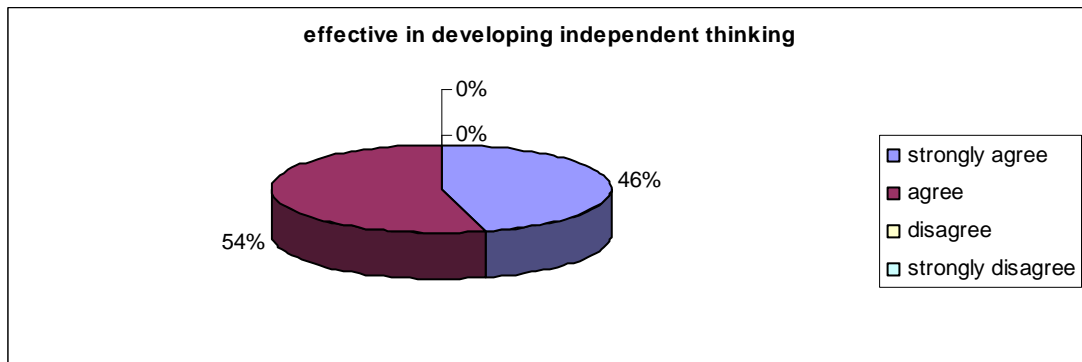
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
3.	The program administration is effective in supporting learning	58%	42%	0%	0%



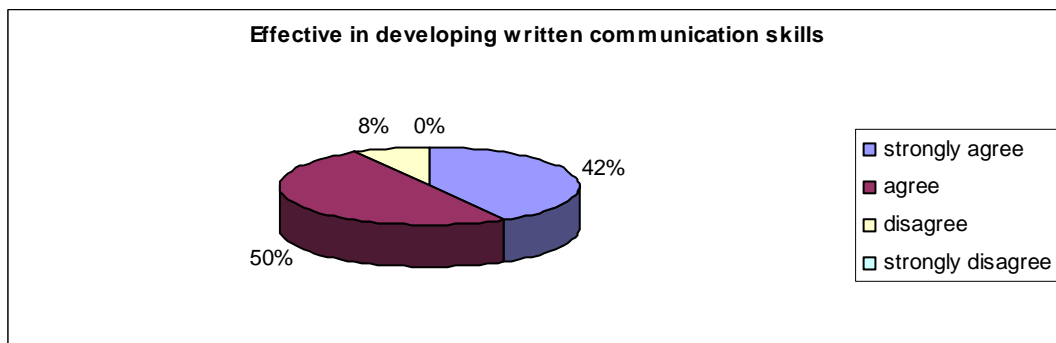
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
4.	The program is effective in developing analytic and problem solving skills	42%	58%	0%	0%



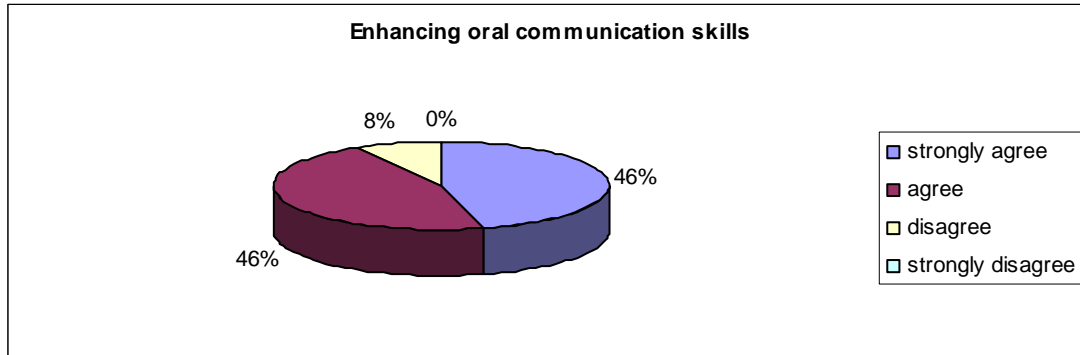
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
5.	The program is effective in developing independent thinking	46%	54%	0%	0%



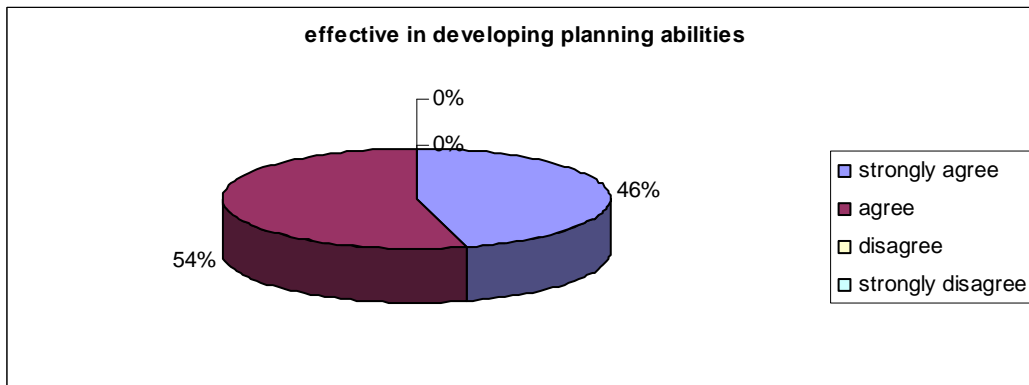
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
6.	The program is effective in developing written communication skills	42%	50%	8%	0%



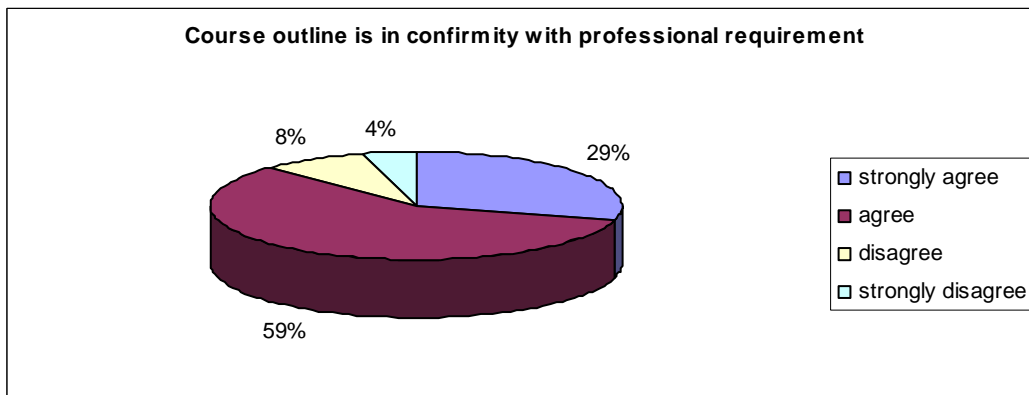
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
7.	The program is enhancing oral communication skills	46%	46%	8%	0%



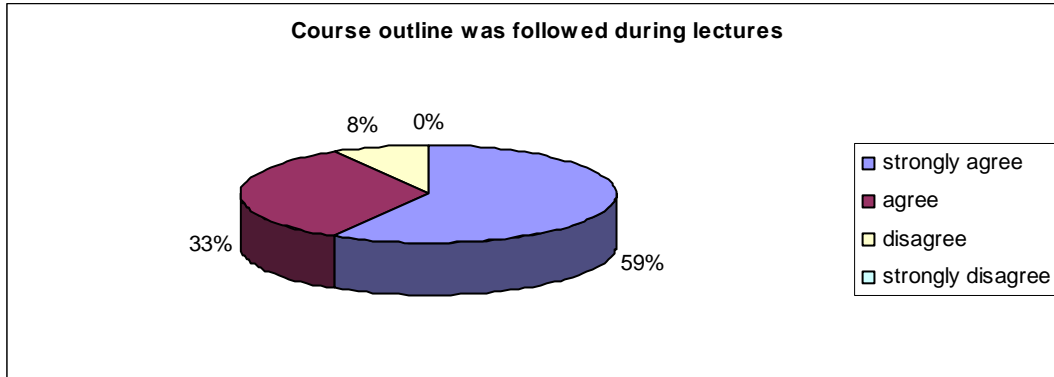
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
8.	The program is effective in developing planning abilities	46%	54%	0%	0%



S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
9.	The course outline was in conformity with the professional requirement	29%	59%	8%	4%

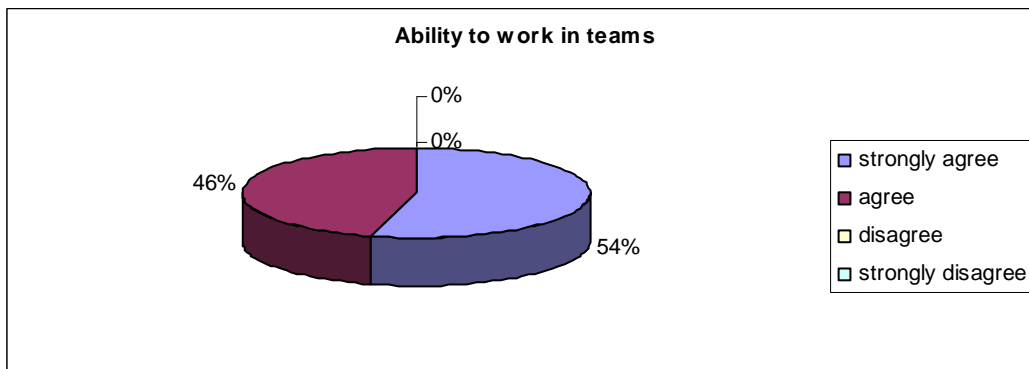


S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
10.	The course outline was followed during lectures	59%	33%	8%	0%

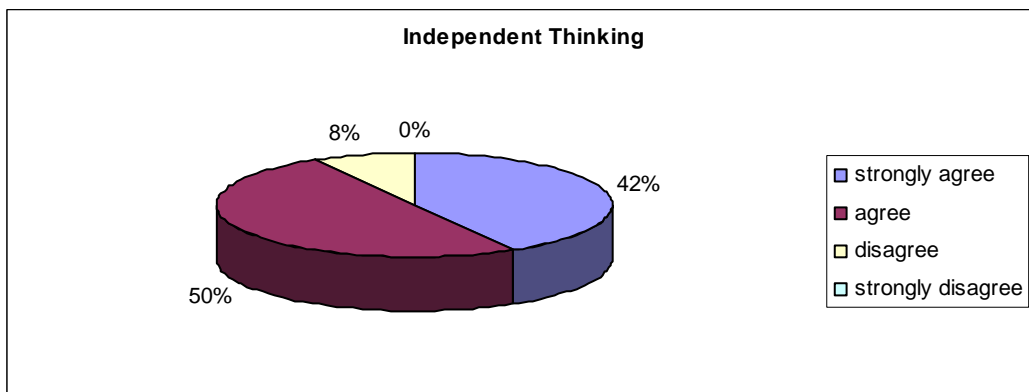


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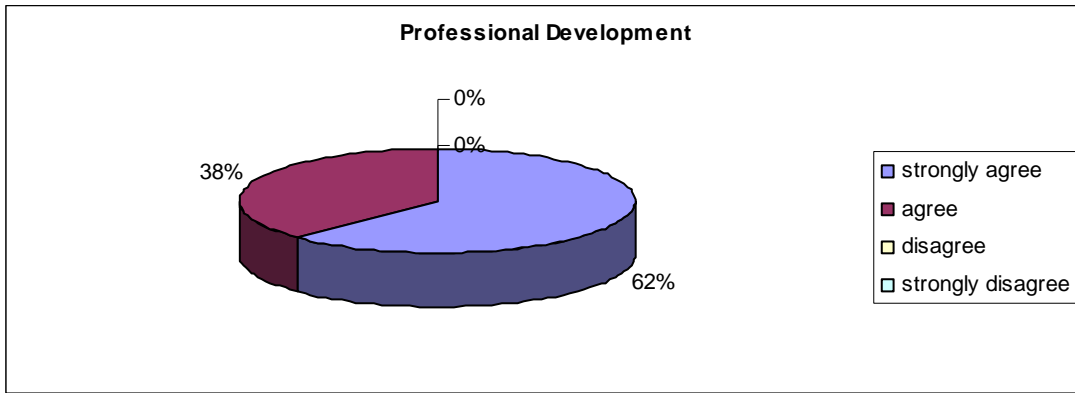
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11a	Ability to work in teams	54%	46%	0%	0%



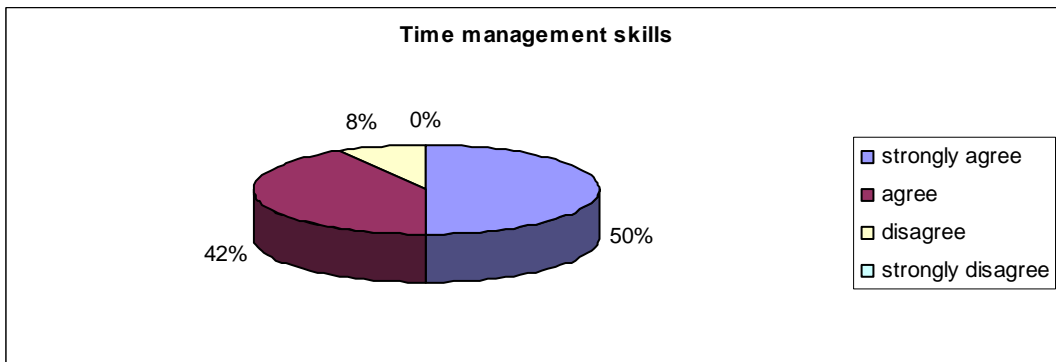
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11b	Independent thinking	42%	50%	8%	0%



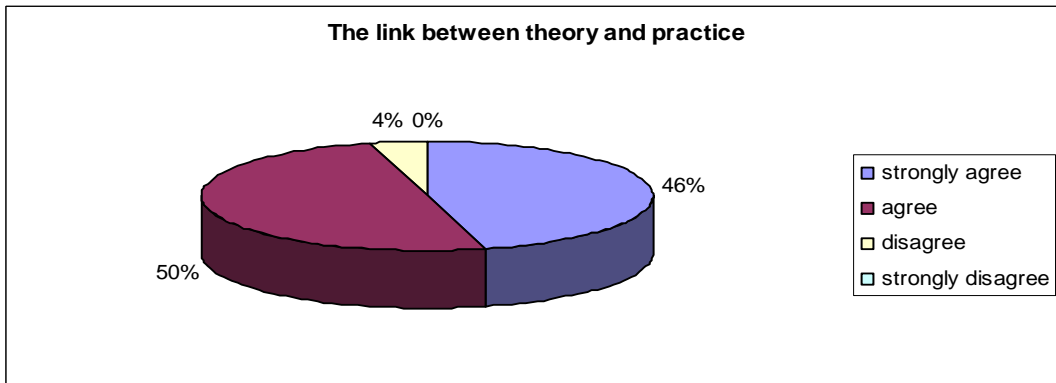
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11c	Professional development	62%	38%	0%	0%



S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11d	Time management skills	50%	42%	8%	0%

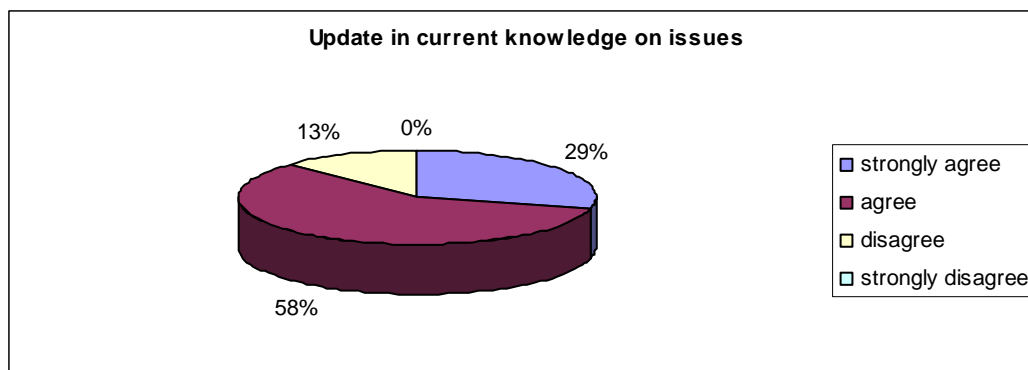


S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
11e	The link between theory and practice	46%	50%	4%	0%

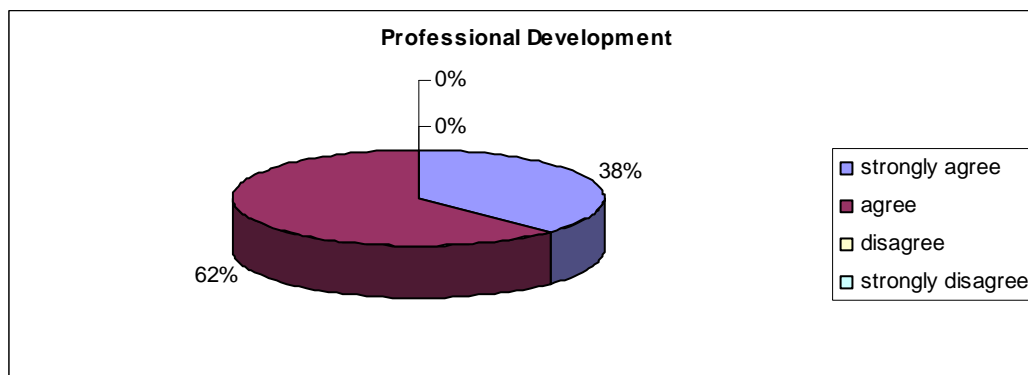


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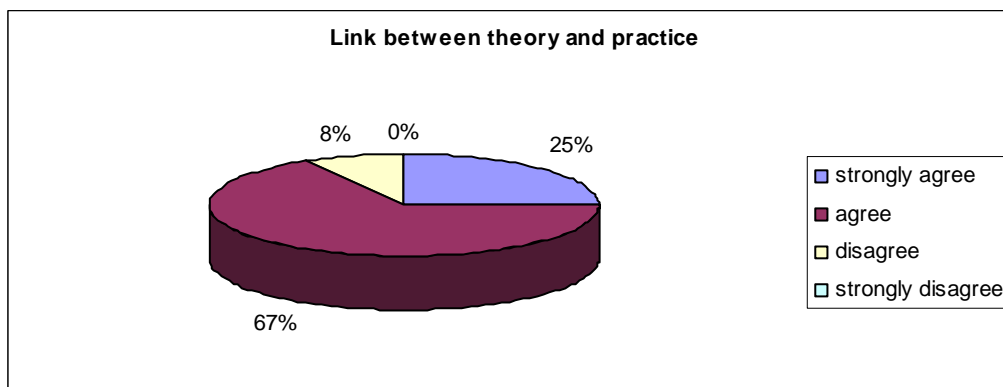
S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
12a	Update in current knowledge on issues	29%	58%	13%	0%



S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
12b	Professional development	38%	62%	0%	0%



S.No	Particular	Strongly agree	Agree	Disagree	Strongly disagree
12c	The link between theory and practice	25%	67%	8%	0%



Standard 1-3: The results of program's assessment and the extent to which they are used to improve the program must be documented.

Program Outcomes

The source of assessing out comes are

- 1) The self assessment survey form
- 2) The employment record of graduating students

Survey results reveals that students considers themselves after attending the program as capable of independent professional functioning, which support the mission to provide the society highly skilled professionals.

The employment records of students not only reflect the growing scope of clinical psychology, but also the preference the employers give to the graduates of the Institute of Clinical psychology. Most of graduates are hired even before completing their studies, and are considered on priority basis due to their professional and ethical commitments.

The record also reflect the spread of our graduates all over the country, as our graduates go back to their home towns to work with the people in even rural areas and thus their services are not limited to well developed cities.

Weakness and Strengths of the Program

It was explored through the survey that program needs to be improved in following areas:

- a) Need of more computers, books and other academic facilities
- b) Hiring of foreign faculty
- c) Introduction of communication skills program, specifically of verbal communication.
- d) Up gradation of library
- e) Training for Specialization in a specific therapy
- f) Need of inpatient setup to enhance learning opportunities as well as for better treatment options

The strengths found can be outlined as:

- a) Professional development, with highly skilled faculty
- b) Ethical and Morale development
- c) Enhanced learning and its use in the field
- d) Link between theory and practice, practical implementation of what is learned
- e) Research opportunities, and training
- f) Satisfaction with good communication among teachers and students, as well as among students
- g) Career opportunities

Actions Taken

1. Institute has been working for the better resources, that is availability of computers and more books in the library
2. Few foreign faculty persons are hired and communication with others is in process
3. Designing of a communication skill program which will be launched soon Library has been upgraded
4. A day care program for rehabilitation has been started

Further suggestions

- ✓ Hostel facilities
- ✓ Inpatient unit
- ✓ More computers
- ✓ Hiring of Foreign faculty

Standard 1- 4: The department must assess its overall performance periodically using quantifiable measures

Periodical Assessment of Performance

Enrollment of Interns and Output during Jan 2007- October 2009

Details of the number of students trained professionally in the field of Clinical Psychology during 2007 to 2009 are as follow:

Post Magistral Diploma in Clinical Psychology

S.No	Course	2007	2008	2009
1.	<i>Post Magistral Diploma in Clinical Psychology (Enrollment)</i>	26	30	28
2.	<i>Post Magistral Diploma in Clinical Psychology (Completed)</i>	23	23	<i>In Process</i>

M. Phil/ Ph.D. in Clinical Psychology

S.No	Course	2007	2008	2009
1.	<i>M.Phil/ Ph.D. in Clinical Psychology Course Work (1st year)</i>	10	13	8
2.	<i>M.Phil/ Ph.D. in Clinical Psychology Course Work (2nd year)</i>	7	10	13

M. S./ Ph.D. in Clinical Psychology

S.No	Course	2009
1.	<i>M.S./ Ph.D. in Clinical Psychology Course Work (1st year)</i>	7

PhD Awarded during 2007-09

1. Dr. Khalida Rauf (2007) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “The Relation of Emotional Intelligence and Learning Disabilities and Emotional Intelligence in School Students”. **(Supervised by Prof. Dr.Zeenat Ismail)**
2. Dr. Haroon-ur-Rashid (2007) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “Family Functioning and Self Concept as Indicators of Psychopathology in Adults”.**(Supervised by Dr. Riaz Ahmad)**
3. Dr. Rizwana Izzat (2007) Ali has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “Single Parenting as a Risk Factor for Anxiety, Depression and Behavioral Problems in Adolescents”. **(Supervised by Prof. Dr. Sabera Sultana)**
4. Dr. Sarwat Jahan Khanam (2008) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “ Paranoid Ideation as Predictor of Performance on Cognitive, Perceptual and Object Relation Measures of Wechsler Adult Intelligence Scale-Revised.(WAIS-R).**(Supervised by Dr. Riaz Ahmad)**
5. Dr. Uzma Zaidi (2008) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “Social Support and Personality Features as Risk Factors in Vulnerability to the Treatment Rejection in Heroin Addicts.**(Supervised by Dr. Zaeema Riaz)**
6. Dr. Uzma Ahmad (2008) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “Behavior Therapy: Its Applicability in the Reduction of Maladaptive Behavior of Autistic Children **(Supervised Dr.Uzma Ali)**
7. Dr. Zi Asma Haneef Khan (2008) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “Religiosity and Coping in Cancer Patients **(Supervised by Prof.Dr. Sabera Sultana)**
8. Dr. Sobia Aftab (2009) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “Attributional Style and Hopelessness: Vulnerability to Depressive Symptomatology in Adolescence. **(Supervised by Dr. Kausar Ansari)**
9. Dr. Monica Shabir (2009) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “A Comparative Study of Intellectual Functioning of Adults with Depression, Obsessive Compulsive disorder and Schizophrenia.**(Supervised Dr.Uzma Ali)**
10. Dr. Urooj Sadiq (2009) has been awarded the PhD degree in Clinical Psychology, after successful completion of thesis entitled “Psychosocial Determinants of Depression in Prenatal and Postnatal Period. **(Supervised by Dr. Kausar Ansari)**

CONVERSION OF M.PHIL IN TO PhD.

1. **Ms. Saadat Jabeen**
Teacher's Mental Health and Students' Academic Achievement.
2. **Ms. Sakina Raza**
Study of the Personality of Patients Suffering from Neurological Disorders
3. **Ms. Shazia Ilyas**
Maternal Depression: Academic Achievement, Aggression and Self Esteem of Children
4. **Mr. Syed Abul Hassan**
Psychological conditions of Addicts at Different Stages of Recovery
5. **Mr. Shahid Iqbal**
Mental Health Problems of Adolescents: A Comparison between Religious Minorities and Their Dominant Counterparts in Pakistan
6. **Mr. Khawer Bilal**
Emotional Intelligence and Psychopathological symptomatology as a determinant of Marital Adjustment in Couples
7. **Ms. Saba Zain**
Religious Orientation as a Vulnerability factor for Psychopathology in Adults
8. **Ms. Hina Imran**
Self Esteem As A Function of Gender and Socioeconomic & its Relationship with Academic Achievement in Children : Use of CFSEI-3 with Urdu Adaptation.
9. **Mr. Muhammad Rizwan**
Self Esteem Deficits and Suicidal Tendencies among Psychiatric Patients
10. **Mr. Salman Shazad**
Psychological Well Being of Intellectually Gifted Secondary School Children
11. **Ms. Sarwat Malik**
Effect of Abuse on the Academic Achievement of Young Children
13. **Ms. Rabia Riaz**
Effectiveness of Cognitive Behavior Therapy on Incarcerated Women
14. **Ms. Farheen Nasir**
Interpersonal Relationship of Adolescents as a Determinant of Emotional Intelligence
15. **Ms. Tahira Yousaf**
Depression as a Function of Social Support in HIV AIDS, Gonadal Cancer & Hepatitis B & C Patients
16. **Ms. Fazeela Mughal**
Development and Validation of ICP Subjective Wellbeing Scale (SWBS)
17. **Mr. Sadiq Husain**
Perceived Father's Acceptance – Rejection in Childhood & Psychological Maladjustment, Academic Achievement and Gender Difference in Adult Life

M.PHIL / PHD. RESEARCHES IN PROCESS

1. **Ms. Ayesha Mohajir**
Vulnerability to Depressed Mood as Function of Response Styles
2. **Ms. Fatima Z. Bukhari**
Neuropsychological Dysfunction, Psychological Instability and Achievement in Adolescents with Epilepsy
3. **Ms. Rifat Sadiq**
Forgiveness as a Predictor of Psychological Wellbeing in Adults
4. **Ms. Naureen Jaffri**
Epilepsy as a Risk Factor of Multiple Cognitive and Psychological Problems
5. **Ms. Naureen Baig**
Emotional Effect of Infertility and Coping Responses as Predictors of Depression, Anxiety and Marital Adjustment of Infertile Women
6. **Ms. Sadaf Zahra**
Vulnerability to develop Psychological Problems In Adolescent Children of Parents with Severe Mental Illness
7. **Ms. Munazza Qreshi**
Neuro-Cognitive Assessment of Individuals with Schizophrenia and individual with Bipolar Disorder: A Comparative Study
8. **Ms. Azra Shaheen**
Personality Traits & Social Support as a determinant of coping responses among Individuals with HIV / AIDS
9. **Ms. Shafaq Ahmad**
Hearing Impairment as a determinant of Psychological disturbances in Children and their mothers
10. **Ms. Samina Hussain**
Executive Functioning as A factor of Academic Achievement in high School Students: with Special Relation to Intelligence
11. **Ms. Zainab Jadoon**
Relationship between Five Factors of Personality and depression In Adolescents
12. **Ms. Hina Ayaz**
The Efficacy of Art Therapy in the Reduction of Inattention and Impulsive Behavior of Children with Attention Deficit / Hyperactivity Disorder
13. **Ms. Saleha Sami**
Demographic and Psychosocial Risk Factors for Depression in Adolescents
14. **Ms. Ayesha Hamdani**
Filial Therapy and Its Impact on the Emotional Problems and on Adaptive Behavior Functioning of the Mentally Retarded Children

- 15. Ms. Sofia Aslam**
Urdu Adaptation and Validation of State Self Esteem Scale in Young Adults
- 16. Ms. Jabeen Fatima**
Development and Validation of ICP Emotional-Social Quotient Scale
- 17. Mr. Farhan Kamrani**
Urdu Translation and Adaptation of 20 items Paranoia Scale (Fenigstein & Venable, 1992)
- 18. Ms. Nasreen Bano**
Determinants of Social Anxiety in Adolescents: Use of Interaction Anxiousness scale with Urdu Adaptation
- 19. Ms. Saba Yasin**
An Adaptation of Scale of Perceived Social Self Efficacy in Pakistan to determine the relationship between perceived Social Self Efficacy and Depression in Adolescents.
- 20. Ms. Sumaira Yonus**
Socio Demographic Factors as Determinant of Depression in Women: A Study after Translation of Goldberg Depression Scale in Urdu.
- 21. Ms. Ulfat Nisa**
Loneliness, Cognitive Failure and Life Satisfaction of Internet Addicts: Cross Sectional Study.

CRITERION – 2
CURRICULUM DESIGN AND ORGANIZATION

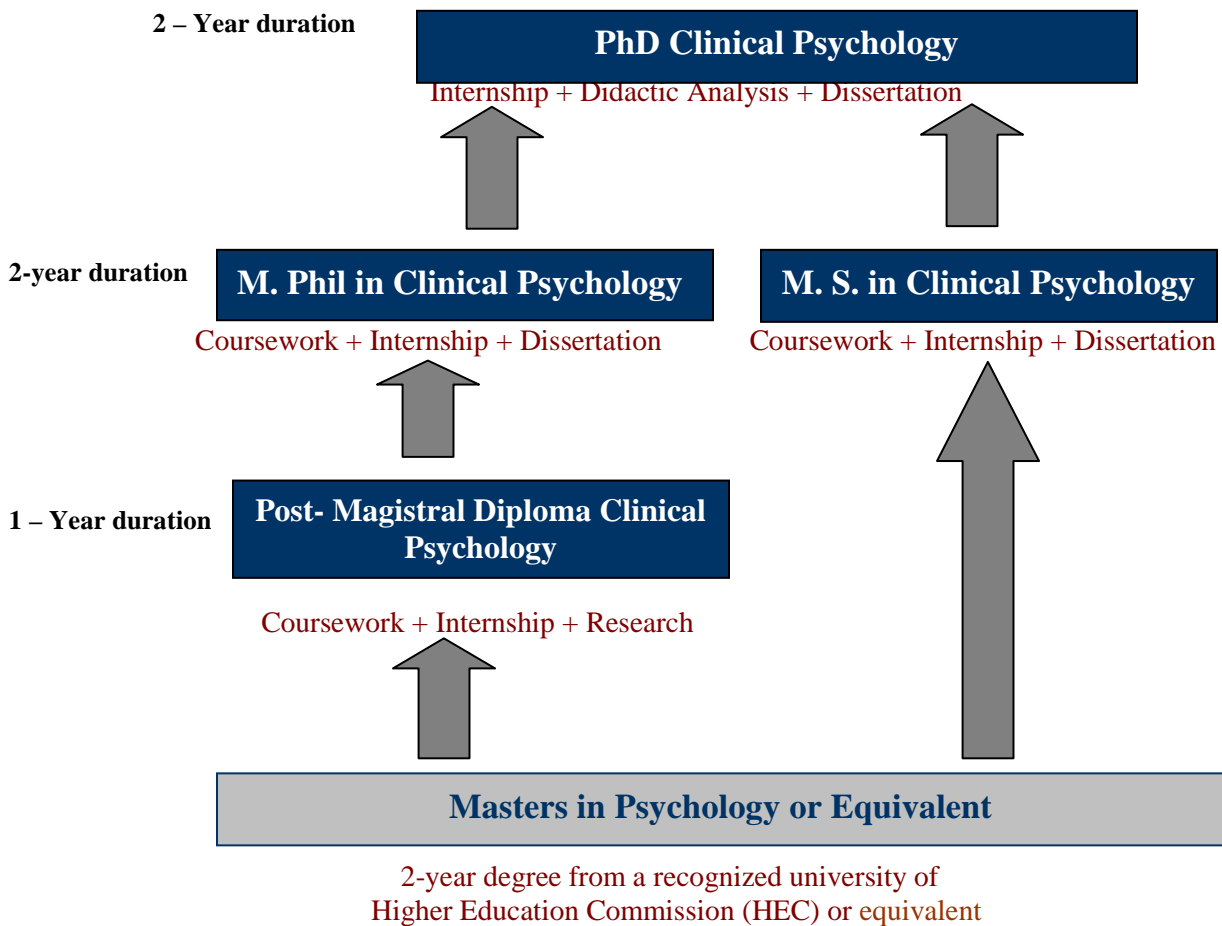
Program of studies offered

Institute of Clinical Psychology offers M.S. Post Magistral Diploma and M.Phil / PhD degree programs within Morning to evening working hours. Its academic program comprises of three semesters including

- a) January 01 to May15
- b) June 01 to July 31
- c) August 01 to December 15

M.S. and PMDCP programs include internship, research assignments, presentations, case conferences, and clinical report writings. The thesis required for the completion of M.S. should be based on original research work. Same is extended to the PhD program which further include more internship experience, successful didactic analysis, Successful GRE examination, Two original research paper publications in HEC recognized journals, as well as A PhD dissertation based on original research output, and is subject to evaluation of thesis by two examiners from technologically advanced countries, as approved by Board of Advanced Studies and Research; and of an internal examiner. The completion of degree also requires a successful viva examination held after the assessment of dissertation.

The structure of the program is mentioned below:



Bifurcation of Units for different Courses

PMDCP	38 units of required compulsory and optional courses 33 units of Internship Total: 71 units	M.S.	58 units of compulsory and optional courses 73 units of Internship 10 units of Research paper Total: 141 units
M.Phil.	71 units of PMDCP 20 units of required course work 40 units of Internship 10 units of Thesis Total: 141 units	M.Phil/ PhD	<u>First Year (PMDCP)</u> 38 units of required compulsory and optional courses 33 units of Internship Total: 71 units
M.S./PhD	<u>First & Second Year</u> 58 units of compulsory and optional courses 73 units of Internship 10 units of Research paper Total: 141 units <u>Third & Fourth Year</u> 33 units of Internship 25 units of Didactic Analysis 20 units of Dissertation Total: 78 units Grand Total: 219 units		<u>Second & Third Year</u> 20 units of required course work 40 units of Internship 10 units of Thesis Total: 70 units Cumulative Total: 141 units <u>Fourth & Fifth Year</u> 33 units of Internship 25 units of Didactic Analysis 20 units of Dissertation Total: 78 units Grand Total: 219 units

Post Magistral Diploma Course in Clinical Psychology

First Semester Duration Jan. 1 to May 15	Second Semester Duration June 1 to July 31	Third Semester Duration Aug. 1 to Dec. 15
Clin. Psy. 711 - PM Units: 2 (1+1) Child and Adolescence Psychopathology	Clin. Psy. 712 - PM Units: 13 (0+13) Internship	Clin. Psy. 713 - PM Units: 2 (1+1) Child and Adolescence Psychopathology
Clin.Psy. 721 - PM Units: 2 (1+1) Psychopharmacology		Clin.Psy. 723 - PM Units: 2 (1+1) Psychopharmacology
Clin.Psy. 731 - PM Units: 3 (2+1) Neuropsychology		Clin.Psy. 733 - PM Units: 3 (2+1) Neuropsychology
Clin.Psy. 741 - PM Units: 2 (1+1) Neurophysiology		Clin.Psy. 743 - PM Units: 2 (1+1) Neurophysiology
Clin.Psy. 751 - PM Units: 4 (2+2) Psychodiagnosis and Assessment		Clin.Psy. 753 - PM Units: 4 (2+2) Psychodiagnosis and Assessment
Clin.Psy. 761 - PM Units: 4 (2+2) Psychotherapy		Clin.Psy. 763 - PM Units: 4 (2+2) Psychotherapy
Clin.Psy. 771 - PM Units: 10 (0+10) Internship		Clin.Psy. 773 - PM Units: 10 (0+10) Internship

Optional Courses

Clin.Psy. 781 A - PM Units: 2 (1+1) Forensic Psychology		Clin.Psy. 783 A - PM Units: 2 (1+1) Forensic Psychology
Clin. Psy. 781 B - PM Units: 2 (1+1) Crisis Intervention		Clin. Psy. 783 B - PM Units: 2 (1+1) Crisis Intervention
Clin.Psy. 781 C - PM Units: 2 (1+1) Community Psychology		Clin.Psy. 783 C - PM Units: 2 (1+1) Community Psychology
Clin.Psy. 781 D - PM Units: 2 (1+1) Research		Clin.Psy. 783 D - PM Units: 2 (1+1) Research

- a. Prerequisite for Post Magistral Diploma in Clinical Psychology is successful completion of M.A/ M.Sc/B.S. in Psychology or equivalent from HEC Recognized University (Minimum Second Division).
- b. Total Duration = 1 year

Completion Criteria

- a. Successful completion of required compulsory and optional courses
- b. Completion of required sessions = 100 therapeutic sessions
- c. Successful completion of required Psychological Test Batteries= 7 (At least 35 assessment sessions)

**M.Phil in Clinical Psychology Course work
(First Year)**

<u>Serial No.</u>	<u>First Semester</u>	<u>Second Semester</u>	<u>Third Semester</u>
1.	Clin.Psy. 811- MP Units: 4 (2+2) Research Design and Methodology in Clinical Psychology	Clin. Psy. 812 - MP Units: 08 (0+8) Internship	Clin.Psy. 813 - MP Units: 4 (2+2) Research Design and Methodology in Clinical Psychology
2.	Clin.Psy. 821- MP Units: 4 (2+2) Advance Psychological Statistics		Clin.Psy. 823 - MP Units: 4 (2+2) Advance Psychological Statistics
3.	Clin.Psy. 831- MP Units: 06 (0+6) Internship		Clin.Psy. 833 - MP Units: 06 (0+06) Internship

Optional Courses

1.	Clin.Psy. 841 A- MP Units: 2 (1+1) Vocational Guidance and Counseling		Clin.Psy. 843 A - MP Units: 2 (1+1) Vocational Guidance and Counseling
2.	Clin.Psy. 841 B- MP Units: 2 (1+1) Organizational behavior & Personnel Selection		Clin.Psy. 843 B - MP Units: 2 (1+1) Organizational behavior and Personnel Selection
3.	Clin.Psy. 841 C - MP Units: 2 (1+1) Rehabilitation and Occupational Therapy		Clin.Psy. 843 C - MP Units: 2 (1+1) Rehabilitation and Occupational Therapy
4.	Clin.Psy. 841 D - MP Units: 2 (1+1) Consumer Behavior & Marketing Research		Clin.Psy. 843 D - MP Units: 2 (1+1) Consumer Behavior & Marketing Research
5.	Clin.Psy. 841 E - MP Units: 2 (1+1) Substance Abuse and Addiction		Clin.Psy. 843 E- MP Units: 2 (1+1) Substance Abuse and Addiction
6.	Clin.Psy. 841 F - MP Units: 2 (1+1) Hypnotherapy		Clin.Psy. 841 F - MP Units: 2 (1+1) Hypnotherapy

**M.Phil in Clinical Psychology Courses
(Second Year)**

Serial No.	<u>Fourth Semester</u>	<u>Fifth Semester</u>	<u>Sixth Semester</u>
	Clin.Psy 814 - MP Units: 06 (0+6) Internship	Clin. Psy 815 - MP Units: 08 (0+08) Internship	Clin.Psy 816 - MP. Units: 06 (0+06) Internship
1.			Clin.Psy. 826 - MP Units:10 (0+10) Successful Completion of M.Phil. Thesis

- a. Prerequisite for M.Phil in Clinical Psychology is successful completion of PMDCP.
- b. For course no. 4 (Thesis), the students are required to submit their synopsis signed by their respective supervisors (with the qualification of M.Phil or PhD in Clinical Psychology after completion of PMDCP) for approval by the BASR, University of Karachi after getting admission in course work at ICP, University of Karachi.
- c. Students are required to select only one course (**Optional**) from serial no. 1 to 6 for a year.

Completion Criteria

- a. Successful completion of required compulsory and optional courses
- b. Successful completion of required Sessions = 250 therapeutic sessions
- c. Completion of required Psychological Test Batteries= 10+10 (100 sessions)
- d. Successful completion of required Research Paper (Thesis)

Note: *It may be noted that students who have taken admission in M. Phil / PhD Program do not have to submit their M. Phil Thesis; they may continue PhD Courses. The 1st Year and 2nd year of PhD will be considered as third Year & fourth year of PhD respectively.*

**M.S. Course in Clinical Psychology
(First Year)**

<u>First Semester</u> Duration Jan. 1 to May 15	<u>Second Semester</u> Duration June 1 to July 31	<u>Third Semester</u> Duration Aug. 1 to Dec. 15
Clin.Psy. 711 -MS Units: 4 (2+2) Research Design and Methodology	Clin. Psy. 712 -MS Units: 13 (0+13) Internship	Clin.Psy. 713 -MS Units: 4 (2+2) Research Design and Methodology
Clin.Psy. 721 -MS Units: 4 (2+2) Advance Psychological Statistics		Clin.Psy. 723 -MS Units: 4 (2+2) Advance Psychological Statistics
Clin.Psy. 731 -MS Units: 2 (1+1) Psychopharmacology		Clin.Psy. 733 -MS Units: 2 (1+1) Psychopharmacology
Clin.Psy. 741 -MS Units: 3 (2+1) Neuropsychology		Clin.Psy. 743 -MS Units: 3 (2+1) Neuropsychology
Clin.Psy. 751 -MS Units: 2 (1+1) Neurophysiology		Clin.Psy. 753 -MS Units: 2 (1+1) Neurophysiology
Clin.Psy. 761 -MS Units: 4 (2+2) Psychodiagnosis and Assessment		Clin.Psy. 763 -MS Units: 4 (2+2) Psychodiagnosis and Assessment
Clin.Psy. 771 -MS Units: 4 (2+2) Psychotherapy		Clin.Psy. 773 -MS Units: 4 (2+2) Psychotherapy
Clin.Psy. 781 -MS Units: 10 (0+10) Internship		Clin.Psy. 783 -MS Units: 10 (0+10) Internship

Optional Courses

<u>First Semester</u> Duration Jan. 1 to May 15	<u>Second Semester</u> Duration June 1 to July 31	<u>Third Semester</u> Duration Aug. 1 to Dec. 15
Clin.Psy. 791 A -MS Units: 2 (1+1) Forensic Psychology		Clin.Psy. 793 A -MS Units: 2 (1+1) Forensic Psychology
Clin. Psy. 791 B -MS Units: 2 (1+1) Crisis Intervention		Clin. Psy. 793 B -MS Units: 2 (1+1) Crisis Intervention
Clin.Psy. 791 C -MS Units: 2 (1+1) Community Psychology		Clin.Psy. 793 C -MS Units: 2 (1+1) Community Psychology
Clin. Psy. 791 D -MS Units: 2 (1+1) Child and Adolescence Psychology		Clin. Psy. 793 D -MS Units: 2 (1+1) Child and Adolescence Psychology

**M.S. in Clinical Psychology Courses
(Second Year)**

Serial No.	<u>Fourth Semester</u>	<u>Fifth Semester</u>	<u>Sixth Semester</u>
1.	Clin.Psy. 814 A -MS Unit: 4 (2+2) Behavior Therapy and Practice	Clin. Psy. 815-MS Units: 20 (0+20) Internship	Clin.Psy. 816 A -MS Unit: 4 (2+2) Behavior Therapy and Practice
2.	Clin.Psy. 814 B -MS Unit: 4 (2+2) Psychoanalytic Theory and Practice		Clin.Psy. 816 B -MS Unit: 4 (2+2) Psychoanalytic Theory and Practice
3.	Clin.Psy. 814 C -MS Unit: 4 (2+2) Cognitive Therapies		Clin.Psy. 816 C -MS Unit: 4 (2+2) Cognitive Behavior Therapy
4.	Clin.Psy. 814 D -MS Unit: 4 (2+2) Family and Marital Therapy		Clin.Psy. 816 D -MS Unit: 4 (2+2) Family and Marital Therapy
5.	Clin.Psy. 814 E -MS Unit: 4 (2+2) Group Psychotherapy		Clin.Psy. 816 E -MS Unit: 4 (2+2) Group Psychotherapy
6.	Clin.Psy. 824 -MS Units: 10 (0+10) Internship		Clin.Psy. 826 -MS Units: 10 (0+10) Internship
7.			Clin.Psy. 836 -MS Units:10 (0+10) Successful Completion of M.S. Research Paper

- a. Prerequisite for M.S. in Clinical Psychology is successful completion of M.A/ M.Sc/B.S. in Psychology or equivalent from HEC recognized university (Minimum Second Division).
- b. For course no. 10 Research Paper (Thesis), the students are required to submit their synopsis signed by their respective supervisors (with the qualification of M.S., M.Phil or PhD in Clinical Psychology) not later than 20th December during 1st year (end of 3rd Semester) which will be approved by the B.A.S.R, University of Karachi.
- c. Students are required to select only one course (Therapy) from serial no. 1 to 5 (during 2ND year) and practice and continue over all three semesters.
- d. Total Duration = 2 years

Completion Criteria

- a. Successful completion of required compulsory and optional courses
- b. Successful completion of required sessions = 350 therapeutic sessions
- c. Successful completion of required Psychological Test Batteries= 26(at least 130 assessment sessions)
- d. Successful completion of 20 hours with Inpatient in any psychiatric setup
- e. Successful completion of required research Thesis

After Completion of either a) PMDCP (One Year) with M. Phil (Two years) i.e. 141 units; or b) MS (two years) program i.e., 141 units, one may be eligible for the conversion or enrollment in PhD program in clinical psychology subjected to the successful completion of GRE test.

**PhD in Clinical Psychology Courses
(Third Year)**

Serial No.	<u>First Semester</u> Duration Jan. 1 to May 15	<u>Second Semester</u> Duration June 1 to July 31	<u>Third Semester</u> Duration Aug. 1 to Dec. 15
1.	Clin.Psy.911- PH Units: 10 (0+10) Internship	Clin. Psy. 912- PH Units: 13 (0+13) Internship	Clin.Psy.913 - PH Units: 10 (0+10) Internship
2.	Clin.Psy 921- PH Units:10 (0+10) Didactic Analysis	Clin.Psy 922 - PH Units: 05 (0+5) Didactic Analysis	Clin.Psy 923 - PH Units: 10 (0+10) Didactic Analysis

**PhD in Clinical Psychology Courses
(Fourth Year)**

Serial No.	<u>Fourth Semester</u>	<u>Fifth Semester</u>	<u>Sixth Semester</u>
1.	Clin.Psy.933 - PH Units:20 (0+20) Successful Completion of PhD. Thesis		

- a. Prerequisite for PhD. in Clinical Psychology is successful completion of M.S/ M.Phil in Clinical Psychology.
- b. Candidates are required to submit their synopsis signed by their respective supervisor with the qualification of PhD in Clinical Psychology along with admission application to Director, Institute of Clinical Psychology, University of Karachi.
- c. BASR, University of Karachi approves the synopsis finally.
- d. The new admissions and also conversions in PhD are subjected to the clearance of GRE

Completion Criteria

- a. Successful completion of required Internship Courses
- b. Successful completion of required sessions = 150 Therapeutic sessions
- c. Successful completion of required Psychological Test Batteries= 20 (100 assessment sessions)
- d. Successful completion of DA.
- e. Successful completion of required PhD. Thesis

Note:

As it can be observed, the curriculum taught during the programs offered by institute, is comprehensive, aims to enhance learning and is according to advanced needs related to the field. It includes both theoretical background and also practical applications. It also caters the now a present needs of the society. The curriculum is carefully designed to meet the objectives, within the target time duration. It also enhances problem solving abilities of the students.

Standard 2-1: The curriculum must be consistent and support the program’s documented objectives.

No.	Objective	
1	To impart knowledge, skills and training in Clinical psychology	The extensive nature and course of study as demonstrated in course specification is useful in the achievement of the desired objective
2	To provide talent and trained Clinical psychologists all over the country	The passing out candidate in response to such inclusive curriculum gain maximum out of it and are utilizing their talent all over the country as can be evidenced by list of alumni (See Appendices)
3	To enhance the scope for the young Clinical Psychologists	The comprehensive course of studies not only provides training and knowledge in psychology but also in related disciplines. Graduates equipped with computer knowledge, training in use of Statistical software, statistics, medicine, basic scientific knowledge, knowledge in industrial psychology as well as psychological study broaden the scope for them.
4	To maximize the professional and ethical standards	Ethics in psychology is not only taught separately but is also developed and closely monitored during internship
5	To appreciate the research contributions of new scholars	Research is a necessary part of the curriculum and the trained graduates are able to conduct independent researches. The program not only teaches the research and its related areas but also enhance the interest in research.

The documented objectives are supported by number of courses offered in a program, description of which is mentioned below separately for each of the three programs offered at Institute:

MS / PhD

Courses	Objectives				
	1	2	3	4	5
Major Courses	731,733,741,743,751,753,761,763, 71,773,781,783,712,911,912,913, 814 A/B/C/D/E)	781,783,712,815,824,826,911,912,913	721,723,731,733,711,713,741,743,751,753	771,773,711,71376,1,763,824,826815,911,912,913	711,713,721,723
Elective Courses	791(A – D) 793 (A – D)	791(A–D) 793(A–D)	791(A–D) 793(A–D)	–	–
Practical (Internship)	781,783,712,824,815,826,911,912, 913	781,783,712,824,826,815,911,912,913	–	781,783,824,826,815,911,912,913,921, 922,923	721,723
Thesis/ Dissertation	–	–	–	–	836,933

M.Phil / PhD

Courses	Objectives				
	1	2	3	4	5
Major Courses	811,813,821,823, 831,833,812, 911,912,913	815,814, 816,831,812,833,911,912,913	821,823	831,833,812,811,813,816,814,815,911, 912,913	811,813,821,823
Elective Courses	841(A – D) 843 (A – D)		841(A–D) 843(A–D)	–	–
Practical (Internship)	831,812,833,814,815,816,814,911,912, 913	831,833,812,816,815,814,911,912,913	–	811,812,813,816,814,815,831,833,911,912,913,921, 922,923	811,813,821,823
Thesis/ Dissertation	–	–	–	–	826,933

PMDCP

Courses	Objectives				
	1	2	3	4	5
Major Courses	711,713,721,723,731,733,741,743,751,753,761,763,771,773,781,783,	771,773	721,723,731,733,741,743	751,753 761,763	
Elective Courses	–	781 A 783 A	781A–D) 783(A–D)	781D 783D	781D 783D
Practical (Internship)	771,773,712	771,773,712	–	771,773	
Thesis/ Dissertation					781D 783D

Standard 2-2: Theoretical background, problems analysis and solution design must be stressed within the program’s core material.

All the courses are equipped with theoretical knowledge. They also enhance problem solving abilities of the students.

Standard 2-4: The curriculum must satisfy the major requirements for the program as specified by the respective accreditation body.

The Curriculum was designed by the academic committee and was approved by Board of Governors. It is carefully designed to meet the requirements of profession as a social science. Though it is basically a social science subject, still it also caters the mathematics and basic sciences requirements as it provides study in pharmacology, physiology, neuropsychology and statistics.

Standard 2-6: Information technology component of the curriculum must be integrated throughout the program.

The curriculum itself is self explanatory and includes basic training in computer as well as internet use, and also provides training in SPSS, Minitab, excel as well as MsOffice.

Standard 2-7: Oral and written communication skills of the student must be developed and applied in the program.

The courses are designed in the way that they require presentation, and oral skills on the part of students. Writing skills are also the major focus of the programs catered by special attention on research writing and report writing activities. However, besides well developed writing skills, students are facing difficulty in oral communication, especially with reference to language. Institute now is designing the courses and opportunities to overcome their difficulties.

CRITERION-3

LABORATORY AND COMPUTING FACILITIES

Standard 3-1: Lab manuals / documentation /instructions for experiments must be available and readily accessible to faculty and students.

Standard 3-2: There must be adequate support personnel for instruction and maintaining the laboratories.

Laboratory Facilities

Though there are some equipment and research tools as well as manuals available, Institute of Clinical Psychology lacks laboratory facilities. A plan for the establishment of an experimental lab is highly required and desirable.

Computer Facilities

The Institute has one computer lab with 5 PCs, and separate computers for the teachers, with internet facility. However, these are not enough to meet the institute's requirements. The internet facility is available in computer lab and offices of teachers. A large number of international research journals are also available on HEC Digital library provided by Higher Education Commission and research article of interest can be downloaded from this library.

Standard 3-3: The University computing infrastructure and facilities must be adequate to support program's objectives

i) Computing Facilities

The Institute of Clinical Psychology has inadequate computer facilities/services and administrative staff to support its faculty, students and staff in their academic and administrative activities. Two well equipped computer labs are required.

ii) Multimedia

The Institute of Clinical Psychology has two multimedia and overhead projector.

iii) Website

The Institute of Clinical Psychology, University of Karachi has its own website icp.ku.edu.pk.

iv) Internet

Internet facility is available in the Institute of Clinical Psychology, University of Karachi.

CRITERION-4
STUDENT SUPPORT AND ADVISING

Students of the Institute of Clinical Psychology, University of Karachi have adequate support to complete the program in a timely manner and have ample opportunity to interact with their teachers of respective courses and receive timely advice about program requirements and career development.

Standard 4-1: Courses must have been offered with sufficient frequency and number for students to complete the program in a timely manner

Institute’s Strategy for Course Offering

The Institute offers courses for Post Magistral Diploma, M.S., M.S. / Ph.D. and Ph.D. The Institute has its own time table for its students. The time table is strictly followed to complete the program well in time. The offered units of courses are presented below:

PMDCP	38 units of required compulsory and optional courses 33 units of Internship Total: 71 units	M.S.	58 units of compulsory and optional courses 73 units of Internship 10 units of Research paper Total: 141 units
M.Phil.	71 units of PMDCP 20 units of required course work 40 units of Internship 10 units of Thesis Total: 141 units	M.Phil/ PhD	<u>First Year (PMDCP)</u> 38 units of required compulsory and optional courses 33 units of Internship Total: 71 units
M.S./PhD	<u>First & Second Year</u> 58 units of compulsory and optional courses 73 units of Internship 10 units of Research paper Total: 141 units		<u>Second & Third Year</u> 20 units of required course work 40 units of Internship 10 units of Thesis Total: 70 units Cumulative Total: 141 units
	<u>Third & Fourth Year</u> 33 units of Internship 25 units of Didactic Analysis 20 units of Dissertation Total: 78 units Grand Total: 219 units		<u>Fourth & Fifth Year</u> 33 units of Internship 25 units of Didactic Analysis 20 units of Dissertation Total: 78 units Grand Total: 219 units

Standard 4-2: Course in the major must be structured to ensure effective interaction between students, faculty and teaching assistants

Course allocation is made in the meeting of the faculty members. The Director presides over the meeting.

All the courses are designed in the way which maximizes the teacher student interaction. Faculty frequently communicates with students as well as other faculty members. There are weekly case conferences which provide opportunity for all to gather at a place and get maximum benefit from this interaction.

Standard 4-3: Guidance on how to complete the program must be available to all students and access to academic advising must be available to make course decisions and career choices

The Director of the Institute nominates a faculty member as “Student Advisor”, who is available to all students for course decision and career choices. The student advisor and the Director help students in providing information to the students who have recently passed out by providing facilities to the recruiting.

The Director places on the Notice Board the opportunities regarding membership in technical and professional societies

CRITERION - 5
PROCESS CONTROL

Standard 5-1: The process by which students are admitted to the program must be based on quantitative and qualitative criteria and clearly documented. This process must be periodically evaluated to ensure that it is meeting its objectives.

ADMISSION:

i. Post Magistral Diploma in Clinical Psychology (P.M.D.C.P)

Eligibility

- With at least 2nd division in M.A/ M.Sc or B.S (4-Years) in any discipline of Psychology or its equivalent from a HEC recognized University.

ii. M.S in Clinical Psychology

Eligibility

- With at least 2nd division in M.A/ M.Sc or B.S (4-Years) in any discipline of Psychology or its equivalent from a HEC recognized University.
- Admission into M.S is conditional, subject to clearance of GRE conducted by National Testing Service as per policy.

iii. M.Phil in Clinical Psychology

Eligibility

- Successful completion of Post Magistral Diploma in Clinical Psychology from a HEC recognized University/Institution.
- Admission into M.Phil is conditional, subject to clearance of GRE conducted by National Testing Service as per policy.

iv. PhD in Clinical Psychology

Eligibility

- M.S or M.Phil in Clinical Psychology or its equivalent from a HEC recognized university.
- Admission into PhD is conditional, subject to clearance of GRE as per policy.

EVALUATION AND GRADING:

- The examination held at the end of each semester after the completion of a course is known as Terminal Examination. A student for each course paper should obtain 40% marks to succeed.

Rules Concerning the Promotion and Repetition

- The students passing at least 50% courses in a semester would be promoted to next semester whereas students who fail in 50% of papers may not be allowed to continue next semester.
- If any student does not appear in the examination due to some emergence, they may be allowed to continue the next semester.
- Those students who could not take examinations in a particular semester due to short of attendance shall have to fulfill attendance requirement of that semester by repeating it.

Rules Concerning the Award of the Certificate/Degree for Academic Programs

Eligibility for Award of P.M.D.C.P:

- i. Successful completion of 38 units* of required compulsory and optional courses.
- ii. Successful completion of 33 units of Internship (minimum of '100' Psychotherapy hours and '7' Psychodiagnostic/Psychological assessment batteries in at least 35 assessment sessions).
- iii. Completion duration is '1' year.

Eligibility for Award of M.S in Clinical Psychology:

- i. Successful completion of 58 units of required compulsory and optional courses.
- ii. Successful completion of 73 units of Internship (minimum of '350' Psychotherapy hours; '26' Psychological/Psychodiagnostic Test Batteries in at least 130 assessment sessions; and 20 hours with Inpatient in any psychiatric setup.
- iii. Successful completion of 10 units of required Research Thesis.
- iv. Completion duration is '2' years.

Eligibility for Award of M.Phil in Clinical Psychology:

- i. Successful completion of 71 units of Post Magistral Diploma in Clinical Psychology.
- ii. Successful completion of 20 units of required Course Work.
- iii. Successful completion of 40 units of Internship (minimum of '250' Psychotherapy hours; and '20' Psychological/ Psychodiagnostic Test Batteries in at least 100 assessment sessions)
- iv. Successful completion of 10 units of required Research Paper (Thesis).

Eligibility for Award of PhD in Clinical Psychology:

- i. Successful completion of 33 units of Internship Courses (minimum of '150' Psychotherapy hours and '20' Psychological/ Psychodiagnostic Test Batteries in at least 100 assessment sessions).
- ii. Successful completion of 25 units of Didactic Analysis.
- iii. Successful completion of 20 units of required PhD. Thesis.
- iv. Completion duration is atleast '2' years.

*** Definition of a Unit**

The term “Unit” is synonymous with the term “Credit” used in the semester and quarter systems of education in U.S.A. One unit means one theory hour per week or two or three practical hours per week. Each course number and title in the syllabus is followed by the number of units assigned to the course. The figures in the parenthesis represent the bifurcation of units into, first, theory units and second, practical units. Thus “Units:2 (1+1), for example, would mean a two units course made up of one theory hour and two, three or four practical hours.

Standard 5-2: The process by which students are registered in the program and monitoring of student’s progress to ensure timely completion of the program must be documented. This process must be periodically evaluated to ensure that it is meeting its objectives.

The process of registration of students is transparent, which includes advertisement of admissions, followed by scrutiny of applications by admission committee. The screened applicants then required to successfully complete a procedure including academic test, psychological assessment, and interview. Later on successful candidate get the opportunity to be registered in the PMDCP and MS program. The submission of synopsis for the MS is however, subjected to further other requirements, including GRE.

The admission in PhD program also require above mentioned procedure as well as completion of successful GRE test.

The progress is usually successfully monitored by day to day supervision and three semester exams.

Standard 5-3: The process of recruiting and retaining highly qualified faculty members must be in place and clearly documented. Also processes and procedures for faculty evaluation, promotion must be consistent with institution mission statement. These processes must be periodically evaluated to ensure that it is meeting its objectives.

APPOINTMENTS/PROMOTION PROCEDURE FOR FACULTY:

HEC rules with approval by the University Syndicate are applied for appointment.

Basic Pay Scale (BPS) - Appointments are based on HEC rules given below.

a. Professor (BPS-21):

Minimum Qualification

Ph.D. in Clinical Psychology from HEC recognized University OR Post Graduate Institution (including 2 years’ supervised internship under Clinical Psychologist only)

Experience

15 years of teaching/research experience in a recognized University/ Post Graduate Institution.

OR

Professional experience in the relevant field in a national or international organization plus 3 years of clinical experience of the field concerned in a national or international organization.

Minimum Number of Publications

15 research publications (with at least 5 publications in last 5 years) in HEC recognized journals.

b. Associate Professor (BPS-20):

Minimum Qualification

Ph.D. in Clinical Psychology from HEC recognized University OR Post Graduate Institution (including 2 years' supervised internship under Clinical Psychologist only).

Experience

10 years of teaching/research experience in a recognized University/ Post Graduate Institution

OR

Professional experience in the relevant field in a national or international organization plus 3 years of clinical experience of the field concerned in a national or international organization.

Minimum Number of Publications

10 research publications (with at least 4 publications in last 5 years) in HEC recognized journals.

c. Assistant Professor (BPS-19):

Minimum Qualification

Ph.D. in Clinical Psychology from HEC recognized University OR Post Graduate Institution (including 2 years' supervised internship under Clinical Psychologist only).

Experience

2 years of teaching, clinical /research experience in a recognized University or national or international institution.

Minimum Number of Publications

The candidates with Research publications in national or international recognized journals will be preferred.

d. Lecturer (BPS-18):

Minimum Qualification

Master's Degree in Psychology (1st Division) + Post Magistral Diploma in Clinical Psychology (1st Division) with no 3rd division in the Academic Career from HEC recognized University OR Post Graduate Institution (including 01 year's supervised internship under Clinical Psychologist only).

No experience required.

e. Senior Research Officer (BPS-18):

Minimum Qualification

M.Phil in Clinical Psychology from HEC recognized University OR Post Graduate Institution or equivalent (including 02 years' supervised internship under Clinical Psychologist only).
No experience required.

f. Research Officer (BPS-17):

Minimum Qualification

Master's Degree in Psychology + Post Magistral Diploma in Clinical Psychology with no 3rd division in the Academic Career from HEC recognized University OR Post Graduate Institution.
No experience required.

Minimum Number of Publications

The candidates with Research publications in national or international recognized journals will be preferred.

g. Clinical Psychologist (BPS-17):

Minimum Qualification

Master's Degree in Psychology + Post Magistral Diploma in Clinical Psychology with no 3rd division in the Academic Career from HEC recognized University OR Post Graduate Institution (including 02 years' supervised internship under Clinical Psychologist only).

Experience

At least 2 years Clinical experience in the field concerned in a national or international institution.

h. Speech Therapist (BPS-17):

Minimum Qualification

Master's Degree in Psychology + Master's Degree in Special Education plus Diploma in Speech Therapy from HEC recognized University OR Post Graduate Institution (including 01 year's supervised internship).

Experience

At least 1 year job experience in the field concerned in a national or international institution. Candidates who also have Post Magistral Diploma in Clinical Psychology are preferred.

i. Occupational Therapist (BPS-17):

Minimum Qualification

Master's Degree in Psychology + Master's Degree in Special Education plus one year course work in Rehabilitation & Occupational Therapy or Diploma Occupational Therapy with no 3rd division in the Academic Career from HEC recognized University OR Post Graduate Institution (including 01 year's supervised internship).

Experience

At least 1 year job experience in the field concerned in a national or international institution. Candidates who also have Post Magistral Diploma in Clinical Psychology are preferred.

j. Medical Officer (BPS-17):

Minimum Qualification

M.B.B.S., F.C.P.S (Psychiatry)

Experience

At least 2 years job experience in the field concerned in a national or international institution. Candidates who have cleared F.C.P.S (Psychiatry) Part-1 can also apply.

FACULTY EVALUATION PROCESS:

Faculty Evaluation is made according to University's rules. Steps are taken to ensure whether the teaching and delivery of course material stresses active learning and that the course learning objectives are achieved. Director of the Institute regularly meet students to discuss and get feedback from them about course material delivered and teaching methods. It is also ensured that all the faculty members strictly follow course outline and scheduled time.

Standard 5-4: The process and procedures used to ensure that teaching and delivery of course material to the students emphasizes active learning and that course learning outcomes are met. The process must be periodically evaluated to ensure that it is meeting its objectives.

The three semester system of the institute helps the monitoring of the progress of students and quality of teaching. Along with these the weekly case conferences, the one to one internship experience enhances the active learning of students.

CRITERION – 6

FACULTY

Standard 6-1: There must be enough full time faculty who are committed to the program to provide adequate coverage of the program areas/courses, continuity and stability. The interests and qualifications of all faculty members must be sufficient to teach all courses, plan, modify and update courses and curricula. All faculty members must have a level of competence that would normally be obtained through graduate work in the discipline. The majority of the faculty must hold a Ph.D. in the discipline.

- The Institute of Clinical Psychology has a dexterous faculty working to maintain a standard in academics, research and clinical practices.
- All the faculty members are qualified to teach Post Masters' Courses and have the necessary depth, skills and experience to support the academic programs offered in the Institute.
- The Institute is currently having the services of regular '9' PhD faculty members and 4 other regular faculty members who are also enrolled in M. Phil / PhD and are in a process of completing their PhD Dissertations.
- All the faculty members meet HEC criteria for appointments in their respective cadre.
- Faculty is actively participating in Seminars and Conferences both at National/ International levels. (See the Curriculum Vitae of faculty in appendix A)

Standard 6-2: All faculty members must remain current in the discipline and sufficient time must be provided for scholarly activities and professional development. Also, effective programs for faculty development must be in place.

- For faculty development, Institute also organizes informative lectures/ seminars/ conferences/ workshops not only to enhance their professional knowledge and skills but also to promote a healthy interaction among professionals from different fields.
- Institute facilitates research in multiple disciplines that includes clinical psychology, child and educational psychology, social psychology, consumer behavior and marketing research. In its vision to promote research, the institute facilitates its faculty to participate in research projects. Faculty at Institute is also keenly involved in taking and doing research projects on various clinical and social issues both at National / International level. The faculty is also focusing on translation of tests/scales in local language and then conducting normative studies in order to have statistics of psychological problems prevalent in Pakistan. Also, faculty is active in the development of new psychometric tests in the local language.
- To help and facilitate the faculty in their progress to excel in their profession, Institute provides a good working environment. To motivate teachers the classrooms are fully equipped with latest teaching equipments. The research wing is equipped with computers, video recorders, biofeedback instruments, Psychological tests/scales and other technical equipment the use of which is imperative for high quality research in the field of Clinical Psychology. Small research cubicles are also provided in order to facilitate uninterrupted and undisturbed work by researchers.
- Post-Doc facility is also available to the faculty holding PhD degrees.

CRITERION – 7
INSTITUTIONAL FACILITIES

Institutional Facilities, including library, computer lab, conference room, class rooms, offices and auditorium are adequate enough to support the objectives of the program.

Standard 7-1: The Institution must have the infrastructure to support new trends in learning such as E-learning.

Computer and Internet Facility

The Institute of Clinical Psychology has computer facilities / services and administrative staff to support its faculty, students and staff in their academic and administrative activities. Two well equipped computer labs are however, required.

Computer lab has facility of internet service for students enrolled in different academic programs as well as for clinical staff where they can have an access with international scientific Literature to update their professional knowledge to enhance the Evidenced based Practice in Rehabilitation Centre.

Standard 7-2: The library must possess on up-to-date technical collection relevant to the program and must be adequately staffed with professional personnel.

Library

The Library has a good number of books and collection of old and new journals covering a wide range of disciplines related to psychology. Library also has a number of international journals. However further development of library resources is required.

Standard 7-3: Class rooms must be adequately equipped and offices must be adequate to enable faculty to carry out their responsibility.

Classrooms

There is a need of rooms, besides the recent developments. The institute has white boards, black boards, overhead projectors and multimedia. It however needs four class rooms to cater the needs of growing number of postgraduate students. It needs a separate unit for research and publication setup.

Faculty Offices

The Institute of Clinical Psychology has short of space to adequately accommodate its faculty and administrative staff. Further plans for the development are under consideration.

CRITERION-8
INSTITUTIONAL SUPPORT

The institution's support and the financial resources for the program is sufficient enough to provide an environment in which the program can achieve its objectives and retain its strength.

Standard 8-1: There must be sufficient support and financial resources to attract and retain high quality faculty and provide the means for them to maintain competence as teacher and scholars.

The Institute of Clinical Psychology has one computer lab(s) and a library for research. The financial resources for regular purchase of books needs to be enhanced. The major financial source of the Institute is the HEC funding.

Standard 8-2: There must be an adequate number of high quality graduate students, research assistants and Ph.D. Students

The following Table shows the number of students enrolled in each program of the Institute of Clinical Psychology:

Courses	Years		
	2007	2008	2009
Post Magistral Diploma Course	26	30	28
M.Phil/ PhD CW1 st year	10	13	8
M.Phil/ PhD CW2 nd year	7	10	13
MS/ PhD CW 1 st year	-	-	7
PhD 3 rd year	6	2	2

Standard 8-3: Financial resources must be provided to acquire and maintain library holding, laboratories and computing facilities.

The University of Karachi provides financial resources to maintain library and computing facilities. The institute, however, is not having the separate fund of its own to maintain and upgrade its library and computing facilities. HEC is also requested to provide additional financial resources for further strengthening of Institute of Clinical Psychology, University of Karachi.

APPENDIX B
LIST OF ALUMNI

